

appetite

a healthy, fresh approach to eating

Snacks

Homemade soup with warm bread (see chalkboards for weekly changing specials)	3.50
Oven baked jacket potato topped with either: Vegetarian chilli Cheese and beans Tuna mayonnaise Prawn mayonnaise	4.50
Four egg free-range omelette with cheese or mushrooms or ham	4.50
Bubble and squeak topped with poached egg	4.00
Hand-cut jacket potato wedges with dips	2.75

Main courses

The Appetite Burger	5.90
Homemade lean beef or chicken breast topped with mozzarella, tomato and fresh basil in a ciabatta bun, with jacket potato wedges and salad	
Add cheese or mushrooms or bacon	0.50
Creamy chicken and wild mushroom pasta with garlic ciabatta	6.50
Butternut squash, chickpea & spinach balti with coriander naan bread	5.50
Slow cooked, crispy pork belly with bubble and squeak and a cider reduction	7.50
Moroccan chicken and roast pepper kebab, with a cous cous salad, pitta and minted yoghurt	6.50
Marmalade glazed baked gammon, free range eggs and potato wedges	6.50
Homemade stone baked pizza with tomato, mozzarella and fresh basil	5.50
Grilled seabass fillet on a tomato and cannellini bean casserole	7.20
The Appetite Chicken Caesar	6.50
Poached chicken breast, cos lettuce, croutons, egg and shaved parmesan	

Homemade from fresh and, when possible, locally sourced ingredients

Some foods may contain nuts.

For any special dietary requirements please ask to speak to me personally.

For buffets and functions please call 0781 763 8877 and ask for Neil or email appetite@abbeysports.co.uk

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All day breakfasts

The Appetite Full English	5.90
Grilled butcher's best sausages, smoked bacon, fresh tomatoes, baked beans, portobello mushrooms, poached or scrambled eggs, granary toast and a mug of tea Vegetarian option available	
Breakfast platter for two to share	10.00
Hot breakfast baguette with bacon, sausage, egg and tomato	4.50
Three poached or scrambled eggs on granary toast	4.00
Freshly made blueberry pancakes with maple syrup	4.00
Banana and apple smoothie	3.00
Beans on toast	3.50

Sandwiches & Wraps

The Appetite Club (see chalkboards for weekly changing specials)	4.50
Prawn, smoked salmon and iceberg lettuce	4.50
Roast pork, crackling and stuffing with apple sauce	4.50
Honey roast ham and salad	4.20
Mexican chicken and red pepper	4.20
BLT	4.20
Char-grilled halloumi with red onion and chilli jam	4.00
Red Leicester cheese and Branston pickle	3.50

Paninis

Roasted vegetable and mozzarella panini	4.20
Tuna, sweetcorn and mayo panini	4.20
Ham, cheddar cheese and dijon mustard panini	4.20

Add hand-cut jacket potato wedges or homemade soup to any sandwich or panini 2.00

Opening Times: Monday Closed

Tuesday 11 - 2 and 5 - 8

Wednesday 11 - 2 and 5 - 8

Thursday 11 - 2 and 5 - 8 (Specials Night)

Friday 11 - 2

Saturday 11 - 2

Sunday Roast - 1st Sunday of the month 12 - 3

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