

Abbey Sports & Leisure Club

April / May 2009

I trust you had a Happy Easter. Welcome to the latest newsletter – keeping you up to date with events from around the club.

Easter is a good time here as it signals the Bowls Club next door closing for the summer. For those of you new to the club this means you can park where you like!

Speaking of parking I should take this opportunity to remind members that the car park is for those people using the club. Please refrain from parking and going in to town. This is clearly not fair to those members who then struggle to park.

For those of you who use the gym, were you aware that we offer fitness tests at no additional cost? Most other clubs will charge £10 - £20 for these, please book them at reception or ask a member of the gym team. The tests are excellent for gauging progress and making sure that you're getting results from your training.

For those of you who use the pool area, our apologies that the spa has been out of action for a couple of days. Those of you who use it regularly may be aware that tiles were missing underneath the water line. Alas we can only properly replace these when the spa is drained. Thank you for your understanding!

Those who just prefer to relax in the lounge will be interested to know that Neil is currently preparing his Spring / Summer menu. It should be with us in the next couple of weeks, keep an eye out! As with most developments at the club, a copy of the menu will be available on our website – www.abbeysports.co.uk.

The next social occasion at the club is the Members' Night on Saturday May 16th. The theme is 60's and 70's and we have a live group, DJ, food and happy hour – what more could you ask for?! Tickets are available now at £5. The last Members' Night all but sold out so don't hang around, get your tickets now!

Photos of the last night are available to see on our Facebook group as well as the website. If you're on Facebook search for the group – it's called 'Abbey Sports & Leisure, Leicester'.

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Other social events to look forward to are a 'Virtual Ascot' night, Summer Ball, and of course the Barn Dance! Dates will be confirmed for all of these in the next couple of weeks.

You may also be aware that we run drinks promotions alongside all the main sporting events that are shown on the big screen in the lounge. All pints are £1.50 until the first goal – or point – is scored! A list of events is always on the notice board as you enter the lounge.

As summer approaches remember we have vertical sun beds in the changing rooms at the club. Sensible use of these can prepare your body for prolonged exposure to the sun on holiday. Ask at reception for offers on this.

Also before your holiday you may consider using Harley's Hair Salon or Absolute Beauty. Throughout April & May you can get 25% off all hair highlights booked with Jessica. Ask at Harley's reception for details or call them on 242 5122. Absolute Beauty are also happy to offer 20% off all products on their website www.absolutebeauty.aesthetics.com – just type in promo code 'abbeyoffer'. This is valid until the end of May. They're also offering a mini facial & body polish for only £30!

Speaking of holidays, we are currently talking to Millington Travel about partnering up and offering an 'Abbey Travel Club' with plenty of benefits from the world of travel. More of this in the coming weeks!

Finally I must mention '**May Madness**'. This is a chance to refer friends and family to the club – and also to win yourself some free membership! The offer is simple; refer a family member or friend and they pay only £20 for the whole of May. For every person you refer, we will add your name to the prize draw. **There are 10 prizes to be won, from one month to six month's club membership.** Ask at reception for full details!

Thanks for taking time to read this; we look forward to your continued company over the summer and beyond!

Warm Regards,

Andy Tee

Club Manager